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As pretty as a picture: The new Art Grip Aquarelle sets with fantasy landscape

Instead of stress balls or a smartphone with relaxation apps, more and more people are reaching for their sketch book and coloured pencils. Not to create detailed portraits or abstract oil paintings, but to paint flower tendrils, fairytale castles or mandalas.

Colouring books for adults are currently the top-selling relaxation aid – and for good reason: As with meditation, painting puts the focus on the individual and this strengthens the resistance to stress. This is particularly important during periods in which we are searching for and needing a greater work-life balance. To meet the anti-stress trend, Faber-Castell has reissued its Art Grip Aquarelle watercolour pencils: the metal tins are encased with a packaging sleeve with a fantasy landscape. This makes the sets so inviting that you want to get started right away. You can choose a tin with 12, 24, 36 or 60 high-quality pencils with thick lead, vibrant stroke, ergonomic triangular shape and non-slip soft-grip zone. The packaging design to colour in is available to download from the website under: www.faber-castell.com.

